

Why a Life Review May Be Declined

The Council of Light does not accept every request for a Life Review. This is not a judgment of the soul's worth, but a reflection of **readiness, alignment, and timing**. A review may be declined for one or more of the following reasons:

1. The soul is not ready to receive.

Some souls are in a season of deep trauma, crisis, or instability. A Life Review can open doors that the soul is not yet equipped to walk through. In such cases, the Council may recommend waiting—allowing the soul to stabilise, integrate, and prepare. This is not rejection; it is protection.

2. The motivation is not aligned.

A Life Review is not a fortune-telling session, a shortcut to healing, or a way to avoid doing the inner work. If a soul seeks a review primarily for curiosity, validation, or to prove something to others, the Council may decline. The review is for those who are ready to look into the mirror and take responsibility for their own growth.

3. The soul's guides do not permit it.

Every soul has a council of guides who oversee their journey. Sometimes, those guides do not grant permission for a Life Review at a particular time. This may be because the soul needs to learn through direct experience, not through channeled insight. Or because the timing would interfere with a crucial lesson. The Council honors the soul's own council above all.

4. The soul is seeking to influence or control others.

If the primary motivation for a Life Review is to gain information about another person—to understand their karma, to influence their choices, to gain power over them—the Council will decline. The review is for *you*, not for others. It cannot be used as a tool of manipulation.

5. The soul is not willing to do the work.

A Life Review comes with a roadmap, practices, rituals, and affirmations. It requires engagement. If a soul is seeking a "quick fix" or a document to read once and shelve, they are not ready. The review is a covenant—a partnership. It requires the soul's active participation.

6. The soul's timing is not aligned with the scribe's.

Dellaina holds the sacred work of the Life Review with deep reverence and integrity. She commits to significant blocks of time for each review, holding the energy and channeling multiple transmissions over days and sometimes weeks. If the timing is not aligned—if the soul's expectations conflict with the scribe's capacity and calendar—the review may be declined or postponed.

Questions to Ask Yourself Before Requesting a Life Review

Before submitting your request, sit in stillness and ask yourself:

1. **Am I ready to see myself clearly?**
A Life Review will show you your wounds, your patterns, and your gifts. It is not always comfortable. Are you ready to receive what is shown?
2. **Am I willing to do the work?**
The review includes a roadmap, practices, and rituals for the next 12 months. Are you willing to engage with these, not just read them once?
3. **Is my motivation pure?**
Am I seeking this for my own growth, or am I trying to understand or influence someone else?
4. **Am I in a stable place?**
If I am in the midst of acute crisis, trauma, or instability, am I ready to receive a deep soul review? Or would it be wiser to wait until I am more grounded?
5. **Do I trust the process?**
The Council does not offer guarantees, timelines, or medical diagnoses. It offers a map. Am I willing to walk the path without knowing exactly where it leads?
6. **Am I open to what is revealed?**
The review may show me things I did not expect. It may confirm things I already knew. It may open doors I did not know existed. Am I open to receiving whatever is for my highest good?